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Issue No. 97 Dec. 1 2014

HELP CB PUT MORE SANTAS ON SKIS!



Santas frolic at the 2013 CB Santa Ski Day. This year, organizers hope to put 1,000 skiing Santas on the mountain Dec. 13. Courtesy photo Chris Kopf Realty.

Mirror Staff Report

CRESTED BUTTE—So you've been good all year long, and you've kept off Santa's naughty list. Now, take it to the next level--how about giving the bearded guy a hand this season, and helping your community too—put on your Santa suit and your skis, and join the fun at Crested Butte Ski Resort on Dec. 13!

All you need to do is walk into the Great Outdoors Company at 10 South Selig here in Montrose, and get your discounted \$22 ski pass or a \$25 pass that includes the suit and a special Santa Ski Pub Crawl—and wear your full Santa Suit when you head out on the mountain or to historic Downtown Crested Butte on Dec. 13. The group Santa Ski Crawl welcomes skiers of all ages. To get your discounted day pass, your Santa suit must have a top, bottom, hat and beard—and you must wear them to ski.

Shaun Matusewicz, who attended college at Western State before leaving to work for Nike for years, created the event to generate happiness and attention for Crested Butte and for those who like to ski and play here. This year, he hopes to break the *Guinness Book of World Records* record for most skiing Santas. In 2013 around 450-500

Continued on page 3

MONTROSE COUNTY HHS UNDER NEW LEADERSHIP

By Caitlin Switzer

MONTROSE--With the October resignation of longtime Montrose Health & Human Services Director Peg Mewes and the Nov. 14 departure of interim HHS Director Carol Friedrich for Ouray and San Miguel counties, big changes are in store for the department.

Serving as Montrose Health & Human Services interim director is Public Health Director Kristin Pulatie. Montrose HHS is presently searching for a human services director to run the department in tandem with Pulatie.

"For one person to be an expert in everything is a huge challenge," Pulatie said, "so it makes sense to have two people with subject matter expertise at the helm of both departments."

Montrose County Human Resources Director Corrine Shearer noted that the search for a Human Services Director is now focused internally.

"We like to use the talent we have," Shearer said. "So we are collecting resumes and applications, and



Montrose County HHS Public Health and Interim HHS Director Kristin Pulatie and Human Resources Director Corrine Shearer discuss the future of HHS.

Continued on Page 17

in this issue Gail interviews Sandy Head! A Taste of Garrett Estates Cellars! Warm Welcome, Frozen Yogurt at Heavenly's!

Region 10 on West Slope Recovery! Lies visits with DDA Director!

REGION 10 CONTRASTS WEST CENTRAL RECOVERY WITH FRONT RANGE



Region 10 Executive Director Michelle Haynes presents state officials with information comparing Colorado's statewide recovery to conditions on the Western Slope. Photo by Trish Thibodo.

Special to the Mirror

REGIONAL- Sometimes, familiar things look different when seen through another set of eyes--and an economic recovery viewed from the Front Range looks different seen from the Western Slope point of view

Region 10 brought the Western Slope's viewpoint into focus recently, at a presentation to the Department of Local Affairs (DOLA) and other agencies in Denver. "They asked us to talk about how our recovery looks, compared to the recovery statewide," Region 10 Executive Director Michelle Haynes said. "We focused on the West Central region (Montrose, Delta, Ouray, San Miguel, Gunnison and Hinsdale counties), but our presentation

was relevant to the whole Western Slope."

"Michelle did a wonderful job comparing Region 10 to the rest of the state and the nation," Colorado State Demographer Elizabeth Garner said.

"Her presentation highlighted the fact that the recovery that the Front Range has experienced has been disparate.

"She focused on some of the constraints on the West Slope and Region 10's plans to move the Region forward," Garner said. "Many attendees found the information enlightening as they don't often think about conditions

outside of the Front Range."

The presentation, entitled "Across the Divide, a Tale of Two Economies," compares the median age of Region 10 residents (43.4) to that of residents of Colorado as a whole (36.4); median income of Region 10 households (\$46,143) to that of households statewide (\$56,765); and unemployment rates in Region 10 (7.7 percent) and statewide (4.8 percent).

One statistic that is higher here on the Western Slope is poverty--15.9 percent of those in Region 10 live at or below poverty levels, while statewide the percentage is 12.9 percent.

Median educational attainment statistics here in Region 10 show that 29.8 percent of residents have earned a Bachelor's degree or higher, while statewide the percentage of individuals with a Bachelor's degree or higher is 37.5.

The presentation also examined distribution of population among Western Slope counties; diversity within the six counties served by Region 10; Region 10 jobs and wages; and key economic indicators. Challenges to the region's economic recovery are reviewed, as are strategies for recovery

Perhaps most telling is a chart that depicts Colorado's status as the nation's fourth fastest growing population center, with a 4.96 percent increase between 2010 and 2013. During those same years, however, Region 10 saw a 0.53 percent decrease in population.

"It is really important for our state leaders to understand the challenges we face on the Western Slope," Haynes said.
"Legislation impacts us differently here than it does urban areas."

Access Region 10's presentation at www.region10.net/tale-of-two-economies. A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves sixcounties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone tax credit and marketing grant programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates regional transportation planning, and offers a loan program for small business. To learn more about Region 10, call 970-249-2436 or visit the web site at www.region10.net.

SUPPORT THREE GREAT CAUSES, WIN COOL PRIZES!

Special to the Mirror

DELTA-Want to go to a Broncos game for 10 bucks?! How about four tickets to the Dec. 28 game in Denver versus the Oakland Raiders PLUS an autographed ball by former wide receiver Rod Smith PLUS a \$100 Visa gift card to help with travel expenses? You can score this sweet deal and make someone's Christmas shine bright! Purchase a chance for \$10 or 3 chances for \$25. Package is valued at \$640. All proceeds will be split between Abraham Connection, Delta County Young Life and DHS student Amber Swain who is raising funds for a People to People Ambassador trip. Purchase chances or get more info by calling Kami at 361-8905; Ty at 216-5680; or Marge at 234-3234. A winner will be drawn and notified on Dec. 17.



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HELP CB PUT MORE SANTAS ON SKIS! From page 1

skiers donned hats, beards and suits and smiles; this year, Matusewicz wants to bring at least 1,000 skiing Santas to town. Santas are encouraged to be creative, and add their own individual finishing touches to the traditional red suit.

"Ultimately, we are just trying to put on an event that is fun," Matusewicz said.

So far, the reviews are good. "It was a blast," said Amy Stevens, who operates the <u>Wanderlust Hostel</u> in Gunnison. "I was a little apprehensive, but it was such a hit! People were having the time of their lives, all those Santas skiing down the mountain together was more fun than I ever expected."

Stevens said she enjoyed the different

ambience of the day-to-evening event.

"The Santa Ski Crawl is very family-friendly," she said. "But the pub crawl is definitely for grownups! It became a wild Santa Dance Party!" If you don't happen to own a Santa suit, don't despair—buy one on the mountain Dec. 13 for \$20, or get yours for \$25 with your Santa Pub Crawl ticket (Age 21 and over) or Great Outdoors Company in Montrose Dec. 1-7.

"It's so exciting to see two business working together, helping our new outdoor retailers here in Montrose," said local event coordinator Heather Zeilman, noting that Great Outdoors Company will remain open until 8 p.m. Dec. 1 so that skiers can come in to sign up. There will be festivi-

ties and hot chocolate on Saturday, Dec. 6 as well, she said.

"They'll be giving away a Woolrich Thermos!" Zeilman said, "And there will be a drawing for a lift ticket and Santa suit. On the very last day, the grand prize will be an Osprey Mountain Ready Pack.

"We're having fun, supporting a new business in Montrose, hoping to bring people through the doors!"

Though she is an experienced snow-boarder herself, Zeilman said she hopes to learn to ski this season as well. "Montrose is not a resort community, but we get to experience the excitement of having them nearby," she said. "We get to recreate in such amazing places."

Karen Maxner - Realtor



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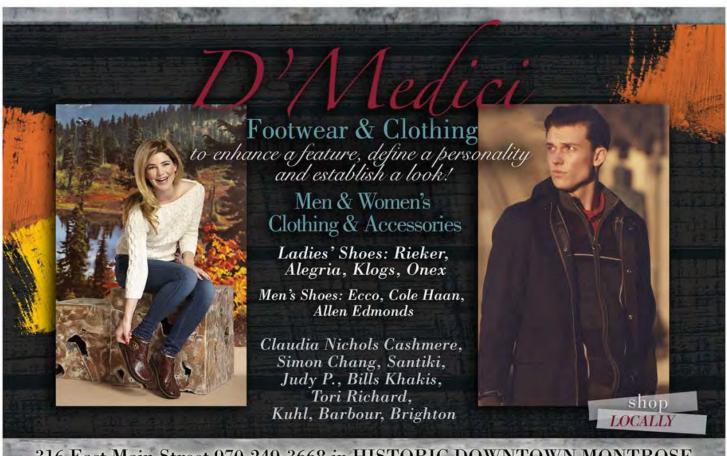
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SEASON'S READINGS PROJECT KICKS-OFF FOR ANOTHER YEAR

Special to the Mirror

MONTROSE-Season's Readings is an annual project by Altrusa International of Montrose. We ask our community to donate new or gently-used children's books. Donated books, along with new books purchased by Altrusa, will be wrapped and given to children within the Health and Human Services network. Please drop off your donations at one of the locations listed below no later than December 14, 2014.

Drop-off Locations:

Alpine Bank – both branches located at 1400 East Main Street and 2770 Alpine Drive.

Coffee Trader

Genesis Christian Marketplace

Montrose Library/CMU Lobby

Natural Grocers

Starbucks (near Denny's)

Your Donation will make a difference to a child in our community. Happy Holidays!

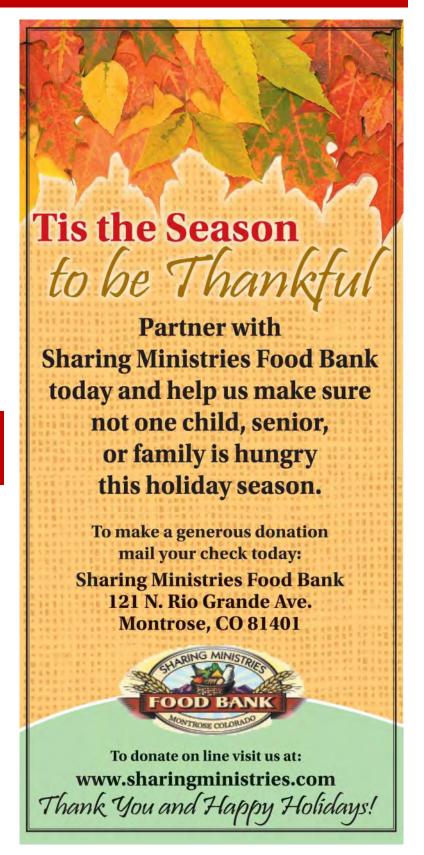
About Altrusa International of Montrose Colorado: Provides community service, enhances leadership and personal development and encourages fellowship. Our vision is giving gifts of leadership and services to communities worldwide. Altrusa is an international non-profit organization, making our local communities better through leadership, partnership and service.

DELTA ROTARY SELLING RAFFLE TICKETS FOR SCHOLARSHIPS

Special to the Mirror

MONTROSE-The Delta Rotary Club members are now selling raffle tickets for their annual fundraising drawing. Proceeds go towards awarding scholarships to high school seniors. This year there will be three lucky winners for the \$3,000; the \$2,000 or the \$1,000 prizes. Winners do not need to be present. Tickets are \$20 each or \$50 for three tickets. Tickets may be purchased at Classic Computers or with any of the Rotary Club members. Watch for our booths are various retail and grocery store locations. The Drawings will be held at 3:00 p.m. on December 31st at the Delta ACE Hardware Store.

Rotary is a volunteer organization of over 1.2 million business and professional leaders united worldwide to provide humanitarian service and help build goodwill and peace. About 32,000 Rotary Clubs in more than 200 countries and geographical areas conduct projects to address today's challenges – including illiteracy, disease, hunger, poverty, lack of clean water and environmental concerns – while encouraging high ethical standards in all vocations. Visit: www.rotary.org for more information or contact Morgan Yost at 970-874-8227 for membership information.



CLICK AD TO DONATE ONLINE!

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ARTS & CULTURE

A&Y DESIGN GALLERY PRESENTS WORKS BY CHERI ISGREEN, MISSY ROGERS

Special to the Mirror

MONTROSE-Cheri is back in Montrose after showing across Colorado with artist Barb Haynie. Home for the Holidays is a solo show, highlighting Cheri's new equine works in watercolor and monoprint. Cheri describes her work as "an unbridled passion for the horse's noble spirit, grace, and athleticism. No pun intended, as the bulk of my work celebrates the horse, not a specific style of riding."

Cheri's artistic style is contemporary Western, fitting a range of decor, including Colorado casual, rustic chic, log homes, and equine enthusiasts.

For the holidays, Cheri has also created gift items and several lines of cards, including equine-themed Christmas cards. Inspiration- Close to Home is Missy Rogers' view of the world- from the backyard can at A&Y Gallery, (970) 240-7914.

to wilderness just out her front door. "At home in western Colorado is the blessing of my life.

The inner life also offers frontiers not traveled except by the intrepid few," states Rodgers.

Missy exhibited work with Kurt Isgreen this past autumn in a show saluting 50 years of the Wilderness Act. Her second opening at A&Y Design Gallery features her signature pastel compositions, including new works and gifts.

Join both artists Friday, Dec. 5th for their Opening Reception from 5:30-8 pm at A&Y Design Gallery 513 Main Street, Montrose for the first Friday art walk. Both exhibits will show through December 31, 2014.

For information, contact Yesenia Dun-



Above, "Tipi," pastel by Missy Rogers.

CANYON CREEK COMEDY NIGHT AT BRIDGES OF MONTROSE

Special to the Mirror

MONTROSE-Canyon Creek B&B will be hosting Laff Inn Comedy at The Bridges Golf and Country Club in Dec. 6. Show will start at 7 p.m.. Tickets are \$15 and you can buy them on line

at www.canyoncreek.eventbrite.com. The Bridges will have a full bar and Food ... come early to eat, drink, and grab your seat! Our Comedians this month include wholesome Michigan Native Andy Beningo and Bill Boronkay, whose work has been featured in the LA Times and on the Today Show. Boronkay is a member of the clean comedy team at Entertainment Max.

SEASONAL MUSICAT MUMC

Special to the Mirror

MONTROSE-Your friends at Montrose United Methodist Church hope to fill the heart of your week and day with some celebratory seasonal music. Bring a brown bag lunch, a friend, or just your Christmas spirit. Featured performers include Dec. 3 – Robin Freed, Harpist; Dec. 10 – MHS Bel Canto Singers; Dec. 17 Debbie Turner, Soprano.



Canyon Creek B&B will host Laff Inn Comedy Night at Bridges of Montrose Dec. 6. Comedians will be Andy Beningo, above, and Bill Boronkay (right). Courtesy photos.



WARM WELCOME, FROZEN YOGURT ARE HALLMARKS OF HEAVENLY'S



Heavenly's staffer Brittany Burns gets ready for the first customers of the day at Heavenly's Frozen Yogurt. The shop keeps its doors open late for young people and night owls.

By Caitlin Switzer

MONTROSE—Sure it's cold outside...all the better reason to step inside Heavenly's Frozen Yogurt, located in Suite A at 221 Colorado Avenue! The concept is simple—along with frozen yogurt, a juice bar, smoothies and specialty coffees, Heavenly's keeps its doors open when most local businesses are closed. The shop is open seven days a week, from 11 a.m. to 10 p.m. Monday through Thursday, from 11

a.m. to 10:30 Friday and Saturday, and from Noon to 10 p.m. on Sundays.

"This is such a great location," Heavenly's owner Nick Gehm said. "We're right next to Montrose High School; we have the opportunity to create a hangout spot—we can stay open later, and give high school kids a safe place to hang out."

The Wifi is free, the ambience is rustic and easy going, and there are books, games and TV as well. The staff of 10 to



11 includes mainly high school students, but Heavenly's doesn't appeal only to young people. "We have groups come in all the time for things like meetings and Bible study," Gehm said.

And of course, there is frozen yogurt. "We just ordered our Christmas flavors," Gehm said. "Eggnog and Sweet Peppermint—stop in for hot chocolate, and hang out with your friends!"

Gehm, who graduated from Denver's Thomas Jefferson High School, had been working for American Airlines in Texas when he, his wife Becky and their business partners decided to open a store in Montrose. After three months here, the Gehms could not be happier, he said.

"We were looking for a reason to get out of Texas," he said. "Summer in Texas is miserable; here, we are close to the mountains and the kids can be out all day. We love the weather, and the home-schooling community we have found here."

Reach Heavenly's Frozen Yogurt at 497-4436, and online at https://

www.facebook.com/heavenlysfroyo.

CITY HOLIDAY TRASH COLLECTION SCHEDULE

MONTROSE - The City of Montrose reminds customers that scheduled residential trash collections falling on a city-observed holiday will be rescheduled to occur on another day of the same week. Note that recycling collections that occur on a city-observed holiday will be delayed until the customer's next scheduled collection day.

For Thanksgiving Day holiday on Thursday, Nov. 27, 2014, collections for addresses west of Townsend Avenue will occur on Tuesday, Nov. 25th. Collections for addresses east of Townsend Avenue will occur on Wednesday, Nov. 26th.

Alternative trash collection days apply only to customers whose normal collection day falls on the holidays shown. All non-holiday collection days will not be affected. This year's city-observed holidays are: New Year's Day, Presidents' Day, Memorial Day, Independence Day, Labor Day, Columbus Day, Thanksgiving, and Christmas.

To view the "Holiday Schedule and Routes Map" document for information about holiday collection schedules and for additional information about the city's sanitation and recycling services, please visit www.CityofMontrose.org/trash. Customers with questions about holiday collection schedules can also call (970) 240-1480.

THANKS FOR READING THE MONTROSE MIRROR, AND SUPPORTING A LOCAL BUSINESS! SHOP MONTROSE THIS HOLIDAY SEASON!

GARRETT ESTATES TASTING EVENT DRAWS CROWDS, RAVES



Above, the winery's prize winning wines on display at the Garrett Estates Wine Tasting Nov. 29.



The view from Garrett Estates, where the growing season's hot days and cool nights make for outstanding wines.

By Caitlin Switzer

OLATHE--If the crowds making their up the winding country roads near Olathe last Saturday were any indication, the word is out--Colorado's wine industry has matured. And with its free wine tasting event on Nov. 29, Olathe's Garrett Estates Cellars also proved the wisdom of the old adage--if you bottle it, and it's great, they will definitely come and find you.

"We have been buying their wines at the Pour House in Montrose, and they let us know about this event," said Roberta Lange of Montrose. "This Pinot Noir is very dry--it would be wonderful with a beef roast or a steak dinner!"



Barrels of wine on display in the winery's production area. Visitors toured the entire facility, but showed a marked preference for the tasting room.

"We came for the Syrah," a visitor named Sandy said. "We want-

ed Christmas gifts, and we are buying a case today and having it shipped.

"All of their wines are really good."

Garrett Estates Marketing and Sales Director Mitch Garrett said that he does only about three such tasting events a year, mostly to let the public know one important fact.

"Colorado makes good wine," Garrett said, "and Garrett Estates makes DRY wines --even our Riesling and our Gewurztraminer are dry."

Garrett is also proud of his reds, including a superb Cabernet Franc and a Red Blend. The five-year-old winery will co-host a wine dinner at

Camelot Gardens in Montrose on Dec. 12-but with 12 of the 24 available seats already sold, it's turning out to be a hot ticket.

Don't despair, however--"We're starting a wine club," Garrett said, "and we are try-



Garrett Estates Marketing and Sales Director Mitch Garrett wants you to know that Colorado produces good wines—and Garrett Estates produces excellent, dry wines.

ing to host an event at least one evening a month."

To learn more call 901-5919. Garrett Estates Cellars is located at 53716 Falcon Road in Olathe. Reach them online at mitch@garrettestatescellars.com.

WEEHAWKEN DANCE PRESENTS THE POLAR EXPRESS AT THE MONTROSE PAVILION!

A Ballet Featuring Weehawken Dancers Ages 3-17

Performances are Dec. 19–6p.m., Dec. 20–2 p.m. Call 970–318–7150 for tickets and information, or visit www.weehawkenarts.org

MIRROR IMAGES...BASEMENT BOUTIQUE!





Above and middle left, shoppers browse the many gift items on display; above, Kathie Johnson shows her Christmas spirit in festive holiday attire.





Above, Annette Butts displays the beautiful and aromatic homemade soaps that have made Ridgway's Mountain Breeze Soapworks a local favorite for the past ten years.



At left, shoppers were encouraged to bring non-perishable items for Sharing Ministries Food Bank.

Click to donate to the food bank online!

REGIONAL NEWS BRIEFS

MONTROSE DEPUTY CITY CLERK EARNS CERTIFICATION



Montrose Mayor Bob Nicholson presents Deputy City Clerk Carolyn Bellevance with a plaque acknowledging her designation as a certified municipal clerk from the International Institute of Municipal Clerks. Courtesy photo.

Special to the Mirror

MONTROSE – Montrose Deputy City Clerk Carolyn Bellavance has earned the designation of certified municipal clerk from the International Institute of Municipal Clerks.

Bellavance was appointed deputy city clerk in 2012 and graduated from the Colorado Municipal Clerks' Association Institute for Municipal Clerks in July of 2014.

"Carolyn is a wonderful asset to the City of Montrose organization and the City Clerk's Office," said City Clerk Lisa DelPiccolo. "She is dedicated to serving the citizens of our community with a warm smile and positive attitude."

IIMC grants the CMC designation only to those municipal clerks who complete demanding educational requirements and who have a record of significant contributions to their local government, their community, and the state.

The International Institute of Municipal Clerks, founded in 1947, has 10,300 members throughout the United States, Canada, and 15 other countries. The mission of this global non-profit corporation is to enhance the education opportunities and professional development of its diverse membership.



REGION 10 ADRC TO VOLUNTEERS: TAKE THE SNOWBASH CHALLENGE!

Special to the Mirror

MONTROSE-A winter wonderland is gorgeous falling in crystal flakes from the sky. On your sidewalks and driveway, it's not so pretty--especially if you are an older adult or somebody with a physical limitation.

This winter, Aging and Disability Resources for Colorado has issued a "Snowbash Challenge" to the community of Montrose. Pick up your shovels, commit to helping seniors and disabled residents with snow removal, and compete for a \$500 cash prize to be awarded at the end of the season to the volunteer who puts in the most hours. "We are recruiting individuals and teams," Region 10 Community Living Services Director Eva Veitch said, "and we backup in place just in case they can't are asking them to commit to shoveling walks for those who need help when it snows. We are also asking people who need the service to let us know, sign up and fill out a waiver."

A number of families have already formed teams, she said, as has the Mont-

rose High School Honors Society. "The cash prize provides some motivation for non-profits to compete, and high school students can earn their community service hours," Veitch said.

Potential volunteers are encouraged to call Region 10 at 249-2436. And "If you know an older adult or someone with a physical disability who can use the service, give us a call," Veitch said. "We can get a packet to you, or you can stop by and pick one up."

Take the commitment seriously if you do choose to shovel, she cautioned, and remember that those who are working are doing so entirely as volunteers.

"It would be great for teams to have a make it," she said.

"We will be assigning our volunteers to specific homes, depending on capabilities."

The service will be a pilot program in Montrose to start, but may be replicated in more areas if successful, and may eventually include such services as spring and fall cleanups.

"The people we serve cannot afford to hire to have these things done," Veitch said, "and they are that conscientious generation that wants to do the right things--so they will be the first ones out there trying to shovel snow and rake leaves by themselves, which could be dangerous."

A non-profit organization, the Region 10 League for Economic Assistance and Planning was formed in 1972 and serves sixcounties (Montrose, Delta, Gunnison, Ouray, Hinsdale and San Miguel), operates an Enterprise center (300 North Cascade) administers the Enterprise Zone tax credit and marketing grant programs, oversees the Area Agency on Aging (AAA) and Community Living Services, coordinates regional transportation planning, and offers a loan program for small busi-

To learn more about Region 10, call 970-249-2436 or visit the web site at www.region10.net.























POMONA STUDENTS HOLD FOOD DRIVE

Special to the Mirror

MONTROSE – Students at Pomona Elementary collected 475 pounds of canned and dry goods that they donated to the Montrose Food Pantry. Each grade level competed to see which class could collect the most food. The First Grade class won the competition by collecting 135 pounds of food. The staff at Pomona Elementary would like to thank all the parents for assisting their child with this community project! (Pictured Pomona Elementary School Students. Photo Courtesy of Mitze Eason).





Delta's 2014 Parade of Lights...

...will be Friday, Dec. 5, at 6 p.m., along Delta's Main Street. Come celebrate "A Candy Cane Christmas" and kick off the holiday season! Kids, stop by Wells Fargo after the parade and visit with Santa! All entries are FREE thanks to sponsorships by:





Call 874-8616 for more info & to register a float!





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REGIONAL NEWS BRIEFS

TALKING GOURDS PRESENTS AMY IRVINE MCHARG AT ARROYO'S



The Telluride Institute presents Wright's Mesa author and poet Amy Irvine McHarg. Courtesy photo.

Special to the Mirror

TELLURIDE--The Telluride Institute presents Wright's Mesa author and poet Amy Irvine McHarg as Talking Gourds guest performer for Tuesday, Dec. 2nd at 6 p.m. at Arroyo's. Winner of the Colorado Book Award for *Trespass: Living at the Edge of the Promised Land*, Amy has non-fiction work in national journals (*Orion, Triquarterly, High Desert Review*) and she is founding director of Tellluride's Literary Burlesque show.

Her chosen theme for December is "Descent Narratives – Down the Rabbit Hole We go." This next year we will partner with the Montrose Library and bring poets for First Tuesdays in Telluride and First Wednesdays in Montrose. We hope to have a full schedule out this month.

As always, following Club announcements and performances, we'll have a

short break and then pass the gourd around the room to give Club members and attendees a chance to read poems from the monthly theme -- pieces of their own or the work of a favorite other.

Talking Gourds Poetry Club is a program of the Telluride Institute in partnership with the Wilkinson Library, Between the Covers Bookstore, Arroyo Telluride and the newly formed Telluride Literary Arts. Members meet monthly, on first Tuesday evenings, at Arroyo Fine Art Gallery & Wine Bar at 220 E. Colorado Ave. (next door to Telluride Hardware and the Masonic Hall), beginning at 6 p.m. in Telluride, Colorado. TLA also sponsors the annual Telluride Literary Arts Festival the weekend before Memorial Day weekend.

Call 970-729-0220 for more info. Or visit the Telluride Literary Arts website, tellurideliteraryarts.weebly.com.

DELTA PROPOSES BUSINESS IMPROVEMENT DISTRICT

Special to the Mirror

DELTA-A group of Main Street business owners and community members are working on a proposal to attract more business to the Main Street in Delta – and they need to know what business owners think of the proposal.

Based on the findings of the Community Revitalization Partnership report released in 2011, the group decided to move forward with the implementation of a Business Improvement District (BID). To successfully do this, they are soliciting the feedback of Main Street merchants and property owners.

"This proposed Business Improvement District is only as strong as the amount of support garnered from business community," states Jay Stooksberry, Region 10's Regional Development Coordinator who is helping to facilitate the BID proposal process. "This is why it is important that we reach as many property owners as possible."

The BID Committee is in the midst of their outreach efforts. The group has created a website (www.yourdowntowndelta.org). Also, they have hosted a few community meetings explaining the proposal. Finally, all property owners can expect a letter from the BID Committee over the next few weeks. The entire purpose of the outreach efforts is to solicit feedback – both good and bad – regarding the proposal. All property owners on Main Street are encouraged to visit the website, learn more about the proposal, and submit their feedback to the BID Committee.

Once the group of committee volunteers feels that they have contacted an optimal amount of property owners, they plan to circulate an affidavit for those within the proposed district to demonstrate their support of the BID proposal. A coalition of Main Street businesses – including CB's Tavern, Sisson Feed & Seed, Josh Applegate Insurance Agency, and many others – have already come forward in support of the BID proposal. The current list of supporters can be viewed at

www.yourdowntowndelta.org/who.

"We can proactively cooperate together as property and business owners and take a

stand to revitalize our downtown area, rather than doing nothing and having a historic district full of vacant properties," states Josh Applegate, owner of the Applegate Insurance Agency, which lies within the proposed district. "In my opinion, the proposed BID is the best solution to accomplish this need as it is for the benefit of property and business owners alike – and it is controlled by private enterprise."

A Business Improvement District is an organization comprised of commercial property and business owners pooling resources together to create a unique downtown experience that is attractive to both businesses and consumers. Using an annual assessment to finance the organization, a BID creates an operating budget that can be used for street-scaping, façade upgrades, marketing, promotional events, and other services to be leveraged by the business owners. The money will also be used for leverage and matching funds for grant opportunities available through the Department of Local Affairs and other funding agencies. For more information, please visit www.YourDowntownDelta.org.

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MIRROR IMAGES...HOLIDAY FUN!



Above, Cheri Howard of the San Juan Weavers Guild displays old fashioned washing techniques with a washboard; below, Dee Coram of Coffee Trader put up Christmas lights on Black Friday.









Top right, an equestrian welcomes the community to Friendship Hall on Thanksgiving Day; below right, Deb Farris and Judy Lokey chat outside Friendship Hall on Turkey Day; below left, a view of the appreciative and hungry crowd.

MONTROSE COUNTY HHS UNDER NEW LEADERSHIP from page 1

and will close the search Dec. 1."

Once the second director is on board, the two departments will work together, as they have in the past.

"One program is not more important than the other," Pulatie said. "What is most important is that everything is integral, and that we are addressing immediate client needs. Once we have taken care of the most pressing needs we can look at what else they need help with, so they are not living on the edge every minute."

Hiring from within strengthens ties, and builds continuity, Pulatie said, if the right combination of expertise and background can be found.

The department currently employs 87 staffers, and adheres to the guidelines of the County's <u>Citizen Driven Strategic</u> Business Plan.

According to the Dept. of Health and Human Services portion of the plan, the department's purpose is to provide health, safety prevention and support services to Montrose communities so that they can experience improved wellness, enhanced independence and a better quality of life and environment. Partnering with organizations to further those goals remains a

key strategy.

"We want to be on the same page with our community partners, so we do spend time meeting and interacting with other organizations," Pulatie said.

In a rural community with limited resources, "we need to make sure we are serving needs without redundancy of services," Shearer said, "and we need to make sure we are serving the whole community."

Montrose's economy tends to lag behind the Front Range, Shearer said, so when one thing goes wrong it can create a domino effect.

"A lost job, a medical emergency, a child needing care--these things point to a need for services that are not fragmented," Pulatie said, "it is important for us to stay united even with two directors--we can't put people's lives in boxes."

And though the County does not run the State's health care exchange, clients who need affordable health care must first come through Health and Human Services to apply--and be denied--for Medicaid.

"People can be frustrated by the complex regulations that impact their lives," Pulatie Some recent program successes include the well-attended vaccination clinics (in which the county has partnered with Walgreens and is working with Montrose Memorial Hospital) and Empowering Dads classes, notes Montrose County Media and

"But we can help them get through it."

classes, notes Montrose County Media and Public Relations Manger Katie Yergensen. "Eighty-six percent of the dads who enrolled in the job class have ended up with viable employment," Yergensen said.

"We are really trying to do the best we can for our community.

"When it comes to community health and wellness, everybody's well-being is our goal," Yergensen said.

Innovation is also part of the long-term strategy, Pulatie noted.

"We are not about change for the sake of change," she said.

"We put a lot of thought into where we are going, and we try to look up from day-to-day needs to see where we want to be in five years, and where we need to focus. The goal is to look at our country and our government resources as a safety net, but I also want to out there on the trapeze, looking at things and taking changes.

"There is a broader part we can play."

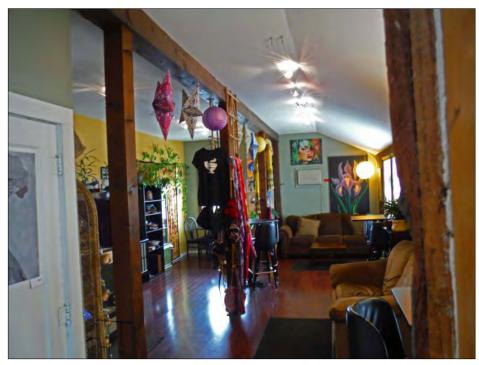
MONTROSE YOUNG PROFESSIONALS HOLD COAT DRIVE THROUGH DEC. 17

Special to the Mirror

MONTROSE-The Third Annual Montrose Young Professionals Coat Drive kicked off November 17 and runs through December 17. Montrose Young Professionals is collecting clean, gently used warm coats, hats, gloves, mittens, scarves, and even blankets. The collected items will be distributed and delivered to people in need. Bring your clean, gently used coats and other cold weather outerwear Nov. 17 until Dec. 17 to the following drop-off locations: Montrose Chamber of Commerce (1519 East Main Street), Alpine Floral (1414 Hawk Parkway, Unit G) and A +Y Design Gallery (513 East Main Street). All donated items will be given to a Montrose resident for distribution to local people in need, this donor requests to remain anonymous.



STOP BY SAMPLER SQUARE IN LOMO.... Part Two



Riddled Raven Coffee House in Sampler Square has an excellent breakfast and lunch menu, and a welcoming atmosphere. Photo by Clay Greathouse.

By Liesl Greathouse

LOWER MONTROSE-Sampler Square businesses in LoMo offer a great selection of gift ideas this holiday season, or treats to enjoy for yourself.

For the coffee lovers and food fans in your life, the Riddled Raven works to provide a unique drinking and dining experience. Owners Jamie and Sarah Berndt focus on using as many local ingredients as possible. "We are a coffee shop that serves only locally roasted organic coffee and a large variety of specialty coffee drinks with syrups made in-house," Jamie said. "We use local milk from Rocking W in Olathe. We also have breakfast sandwiches made with local eggs as well as a variety of lunch sandwiches."

To help local shoppers find the best gifts for their loved ones, the Riddled Raven offers travel mugs and t-shirts, as well as other gift items. It will also be running a \$25 gift certificate for \$20 special through the holidays.

As for participating in any Downtown events, the Riddled Raven takes part in the Second Saturday Girls Day Out. During that Saturday, shoppers can take advantage of their 'buy one get one free' deal on drinks, making it the perfect opportunity to warm up before hitting the other Down-

town shops.

With the new addition of Lance Michaels at the Downtown Development Authority (DDA), Jamie is practical, yet hopeful looking forward. "I do feel that the DDA has reached out to us," he said. "Lance Michaels has been great at including us as part of downtown. Even though we are a few blocks deep on the wrong side of the tracks, all the offers and support are there. Until this side of town gets a good makeover there is no hope for foot bound tourism. But luckily for us the waterpark has sparked a little more interest on this side of town, making the higher officials have to reach out and get the support from the business as well. But there is hope for this side of town and the future of the west side of town being a cool, original part of Montrose."

The Riddled Raven is located at 8 S Grand Ave. For more information, call 275-3265 or visit montrosecoffeeshop.com

When a gift of relaxation and style is in order, All About You Salon works to provide the perfect personal care experience for clients.

All About You Salon is a full service salon, offering a range of services from haircuts, color, extensions, to pedicures, shellac gel manicures, full body waxing,



The view from Sampler Square. Photo by Clay Greathouse.

and powerderm abrasion facials, and more. Samantha Holzmeister is the owner and a cosmetologist at the salon, specializing in color, while one of her team members is a master of haircutting.

For the holiday season, Samantha is working to make it a great experience for shoppers. "We will be having a holiday raffle, as well as catering to the holiday hours and hustle and bustle," she explained. "We will open earlier and stay later. During the Holidays I also like to give back to my clients (friends/family) so everything at the salon, whether product or service, is buy one get one half off during this season. A few exclusions apply. But almost everything is on Christmas special."

An additional special will be a holiday raffle, to be held on January 2, 2015. Raffle tickets are available starting December 1 and people will be entered to win a gift bag worth \$300. For every \$25 you spend you will be entered into the raffle. Tickets are also available for sale, starting at 1 for \$5, 2 for \$8, 5 for \$10, and 8 for \$12.

While currently the Salon is not involved with the DDA, Samantha would like to be. "We would love to be included more in Downtown seasonal events," she said. "I feel like our side of town has a lot to offer Montrose and sometimes we are forgotten. We would love to serve you Montrose!"

All About You Salon is located at 28 S Grand Ave.

For more information, call 249-3400 or 275-3411 or email samholzmeister@gmail.com

So for this holiday season, support small businesses up and down Main Street in Montrose, including at the classic Sampler.

LIESL VISITS WITH DDA DIRECTOR LANCE MICHAELS

By Liesl Greathouse

DOWNTOWN MONTROSE--A new executive director, R. Lance Michaels, was chosen at the Montrose Downtown Development Authority (DDA) this September. In order to learn more about the new director and his focus with the DDA, this writer caught up with him for a chat.

To Michaels, the DDA is "an organization that exists to improve the general business environment of the taxing district it was established to represent."

He went on to say, "A vibrant downtown should be the life blood of the community and all boats should lift with the rising tide. Montrose, along with much of the western slope, has been somewhat lethargic coming out of the 'Great recession' and the community needs to proactively search out, identify and implement strategies that import commerce to the area. DDA organizations can and should be at the center bringing people together along with resources, new ideas, action plans, measurement for progress and maintaining a positive, collaborative posture for moving the economic ball forward."

As for his new position, it is a bit different than people may imagine. "My responsibility and 'director' position is similar to that of an orchestra conductor keeping all of the instruments in sync, harmonic (to the extent possible) and hopefully playing the same song from time to time," he said.

"In a short time, I've learned that there are a lot of people out there playing to their own tempo with no apparent intention of changing their beat, let alone their song. I have some miles to go before I get to symphony status, but I've only just begun."

Michaels became involved with the DDA after attending DDA meetings for a few months and becoming acquainted with the different elements of the organization. He responded to the public posting for the executive director position, along with other applicants, going through the interview process until he commenced employment in the middle of September this year. Michaels had retired from a lengthy career in banking and finance, but wanted to continue to help people and the community.

The organization of the DDA focuses on several different areas in order to support the Downtown area, which Michaels

helped to explain in more detail. "The centerpiece of any DDA is the infrastructure under which a DDA operates and progresses as a primary advocate for a downtown district," he said. "DDA is a member of the National Main Street Center and is a designated Colorado Main Street community. The Main Street movement has been in existence for 30 years and employs the Main Street Four-Point ApproachR which is a unique preservation-based economic development tool that enable communities to revitalize downtown and neighborhood business districts by leveraging local assets, from historic, cultural and architectural resources to local enterprises and community pride. The four legs of the stool or four pillars that comprise the backbone are the four committees that work together and which are referred to as the Four-Point Approach and are: Organization, Promotion, Design and Economic Restructuring. Much like the board of directors, each play a significant role and are notably comprised of downtown, representative volunteers who have the ability to shape and mold the downtown today and into the future. One of my charges is to help in the recruitment in attracting people who wish to get off the side line and into the game, so to speak.

"I want to make certain that businesses and other organizations associate me in my capacity as a consultative and collaborative source of virtually anything business related that they need assistance or even just somebody with an extensive business background to bounce concerns, ideas and questions off of for suggestions. I partner closely with other local organizations such as Region 10, Chamber of Commerce and MEDC, to mention a few. I don't claim to have all the answers, but I sure will do my level best to find them or the people that do."

As the community heads into the busiest selling season of the year, Michaels is excited for the upcoming downtown activities and to continue to move forward in his position.

"I continue to be excited about the challenges and opportunities to improve communications, collaboration and increased business viability within the downtown community," he said. "There appears to be greater momentum with businesses open-

ing in previously dark lease spaces, real estate purchase transactions, redevelopment planning and general economic traction. I hear more buzz and feel the increased energy in general from people. Most importantly, I am looking for positive, hopeful-inspired interactions between people replacing past negativ-



Lance Michaels. Courtesy photo.

ity that has sadly been pervasive in this community."

Michaels' favorite part of his new position can be summed up in one word: people. "I get to meet, interact and build relationships with people and learn what issues push their buttons," he explained. "I make it a point of cataloging what folks have experienced in the past, where they are today and where they want to go in the future. People that care enough to step forward and share their ideas, hopes and dreams for their future and be a contributor to the process are a great ingredient as we move forward. I like the idea of bringing people together and observing the positive evolution of perspectives colliding with realities that must be torn down and rebuilt into a collaborative, lasting outcome. Agreement can be a beautiful thing."

As for the future, Michaels is keeping his focus on one key element in all that he does: "Every day, I get the opportunity to build relationships and with that, I hope that I can build Trust," he said.

"That will take time because trust isn't built casually, it must be earned and timetested. Obviously, I can only aid in the process because the power to make truly lasting, positive and constructive changes to the downtown lies squarely on the shoulders of the 'doers and shakers', that have the most invested in downtown; in businesses, in homes and commercial real estate.

"If we can create a venue for shared opinions and open, civil communications, I can get very excited about that prospect."

To contact the DDA, call 497-8699, email Info@montrosedowntown.com or contact Michaels directly at

So Christmas is kind of your thing.



Are you "that" house during the holidays? The house that everyone braves the cold and snow to come see. The house with the blinking lights that are synced with the season's top Christmas songs. That house with the electric meter that spins on double time. Wait, what? You're still using the old school incandescent strands? I thought you were a Christmas light pro. Time to trade in those glass bulbs for LEDs. Why? Because they. . .

- · use 50% less energy
- last 10 times longer
- · stay cool to the touch
- · are more durable
- · come in variety of colors, shapes, and lengths



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SO MANY REASONS TO SHOP DELTA THIS HOLIDAY SEASON!



Above, the Delta Chamber of Commerce Visitor Center.

Special to the Mirror

DELTA - The Delta County Tourism Cabinet today announced the top products "Our Side of the Divide" has to offer holiday shoppers looking for a unique gift idea this shopping season. From handmade chocolates to hands-on artisan experiences, Delta County has something for even the hard-to-buy-for person on the list. To learn The Apple Shed more about planning a trip to Delta County visitwww.deltacountycolorado.com.

Tasty Treats Drost's Choco-

lates (www.drostchocolates.com)

From handmade fudge to truffles, toffee, fudge, caramels, and plenty of other options on the sweet spectrum, Drost's Chocolates in Eckert has the perfect holiday gift for the sweet-tooth on your list. Drost's online order form makes it easy to purchase.

Orchard Valley Farms

(www.orchardvalleyfarms.com) Orchard Valley Farms is all about eat-

Above, Drost's Chocolates of Eckert. Courtesy photos.

ing and drinking in a local and sustainable way. The Orchard Valley Farms & Market and Black Ridge Winery are located near Paonia, but thanks to the online

market – shopping can be done right from home! Infused olive oils, flavored balsamic vinegars and Coloradomade jams, honeys and syrup are some of the favorites. Black Ridge Winery wines may also be purchased (shipping restrictions may apply, based on individual state regulations).

(www.theappleshed.net)

The Polished Apple is a gourmet food and home accessories shop in Cedaredge that carries a wide selection of gourmet food items, including salsa, jellies, sauces and more. There are also a number of accessories for kitchen and home, cookbooks, and lots of other items. Jewelry and fine art from local artists is also available, as well as Williams Cellars wines and cider. Shipping on some items is available. Call the Apple Shed for details at 970-856-7007

Make It/Take It

The Living Farm (thelivingfarm.org)

The Living Farm in Paonia offers private felting classes for the budding craftsperson. Classes will be held by appointment from January to March 15. Gift certificates may be purchased by calling <u>970-270-3338</u>. There are a number of other workshops, as well as products hand-made with locally raised sheep, including socks, felted mittens, felted slippers and felted Fedoras.

Creamery Arts Center

(creameryartscenter.org)

The Creamery Arts Center offers classes and workshops for the person who loves a hands-on experience. Silk scarf dying is one option, and another is pottery making. Call 970-872-4848 for gift certificates.

Make a Trip of It!

Whether you want to come to Delta County for a holiday shopping spree, or are keen to give a holiday getaway to a special family member or friend, consider Alexander Lake Lodge. Breakfast at the lodge is included with your cabin rental. Snowmobile rentals are available to enable visitors to explore the Grand Mesa, the world's largest flat-topped mountain. As an added bonus, Santa will be in the lodge on Christmas Day to pay a visit to the littlest guests. Reserve your cabin at the historic Alexander Lake Lodge.

About Delta Coun-

ty (www.deltacountycolorado.com)

Delta County, Colo., is located on Colorado's western slope at the base of Grand Mesa, one of the largest flat top mountains in the world. An agricultural and heritage hotbed, this region is home to the communities of Cedaredge, Crawford, Delta, Eckert, Hotchkiss, Orchard City and Paonia.

ART PARTNERS CHILI BOWL FUNDRAISER 2014





At left, Lissette Riviere of Art Partners serves a guest at the Annual Partners Chili Bowl Fundraiser at Around the Corner Gallery Saturday. Photo by Brad Switzer.

WEST CENTRAL WOMEN OF INFLUENCE...SANDY HEAD

Interview by Gail Marvel

Sandy Head has been the Executive Director for Montrose Economic Development Corporation (MEDC) since 2003. In retrospect, she never thought of herself as a leader, "I'm just a hard worker and enthusiastic." Sandy has held the title of President with local organizations including Rotary, the Education Foundation, and the Chamber of Commerce.

Growing up Sandy was a local farm girl and self-described tom-boy. Accustomed to hard work, "I was my father's son and there was no room for thinking something was too hard to do." Her upbringing held her in good stead when, as a single parent of two boys, she became the sole owner of Bob's Rental. Making her way in an allmale world Sandy had to earn the respect of men. She purchased equipment (backhoes, trenchers, tractors) at trade shows and could operate everything in the yard. Big, burley construction guys would come into the rental shop and ask to see Bob. She laughed, "I had to tell them there is no Bob — I'm Bob!" Even though she owned the rental business for 24 years, "There are some people who always assume that a man knows more than a woman."

Invited to join Rotary, Sandy became the first woman brought into the Montrose club. She laughed, "Four men immediately dropped out of the club because they thought it was going to ruin Rotary if women came in." At a district conference Sandy was put in charge of the Rotary Foundation, the funding mechanism for

Rotary International. This was the first time Sandy felt recognized as a leader and interestingly, that recognition came from outside of her own community. In 1996 she received the prestigious Rotary International Meritorious Service Award.

Sandy was thrust into the public eye when she became the first woman elected to the MEDC board, and then the first female executive director. She found support in the media, both local and statewide, until a political issue arose in 2007. Her husband Al, along with two other busi-

nessmen, started a recall petition against a sitting county commissioner. The recall was unsuccessful; however those who were angered by the attempt were unable to retaliate against the businessmen and they found Sandy to be a useful scapegoat. "Al and I respect each other's individuality." She laughed, "When he [Al] told me what he was going to do I knew there would be some fallout — but I didn't expect the grudge to last seven years and counting!"

The purpose of MEDC is to create jobs in Montrose through expansion of local companies, starting new small companies, and recruiting outside companies to expand or move to the area. While not all businesses meet MEDC's criteria for incentives and financial assistance, MEDC can point companies in the right direction. Sandy is an advocate for businesses and her tenacity



MEDC Executive Director Sandy Head. Courtesy photo.

often puts her at odds with local government. "We all want the same thing, but government regulations require that we approach goals differently." Sandy describes her style of leadership in terms of team building, networking and partnerships. Somewhat marginalized by the local media Sandy said, "The general public treats me well and I have the support of the business community and the MEDC board." Sandy has no aspirations for climbing a career ladder. "I like my job and I like what I'm doing."

Sandy's advice to leaders: "Never look at any position and weigh it with being male or female. If you have a passion and want to do it, pursue it. Don't let mistakes stop you from accomplishing something, learn from them. You earn respect.

"Ask for help and be willing to say you don't know everything."

Valerie Meyers' Weekly Monday



REAL ESTATE MARKET REPORT

from the Road

Valerie Meyers, Realtor, GRI Coldwell Banker Bailey & Co. 2023 S. Townsend Ave. • Montrose, CO 81401 970-209-1378 Cell • 970-257-6748 Direct

Click here to catch Valerie's weekly Monday
Real Estate Market Report video...from the road!

LIBRARY STAFF HONORED FOR TWO DECADES OF SERVICE



Special to the Mirror
MONTROSE-At a meeting on November 20, 2014, Mary Paladino and Tania Hajjar were honored by the Montrose Regional Library District Board of Trustees for twenty years of service to the District. Paladino is the Head of Technical Services and Hajjar is the Head of Reference Services. (left to right, Tim Garvey (Trustee), Anne Gulliksen (Trustee), Paul Paladino (Library Director), Mary Paladino, ZillaMay Brown (President), Tania Hajjar, Bobbie Sneed (Trustee), Bruce Grigsby (Trustee).





Experiencing the (local) Church

WRITER GAIL MARVEL VISITS JEHOVAH'S WITNESSES AND KINGDOM HALL



By Gail Marvel

MONTROSE--My visit to Kingdom Hall and the Jehovah Witnesses was on July 20, 2014. This group does not use the term church, but refer to themselves as a congregation. They have three services, one of which is Spanish speaking. The music selections come from song books unique to their group and are accompanied by a pianist.

I was immediately recognized as a visitor, but I have to admit that as the only female in dress slacks in a sea of women wearing dresses I was a little hard to miss!

The men at the reception desk introduced themselves, shook my hand and gave me a song book, a study pamphlet, and a new Bible as they ushered me into the auditorium. The Jehovah Witnesses have their own translation of the Bible, however they are at liberty to use five other translations, including the *American Standard* and the *King James Version*.

Even before the service began I shook hands and was introduced to almost a third of the 98 people who were present.

The service is structured and broken into two specific parts. Thirty minutes is allotted for the public address, followed by one hour of corporate Bible study. This day, because the designated speaker was unavailable, the order of service was reversed and the public address was delivered during the second half of the meeting.

Articles in the *Watchtower* serve as the Bible study material and this Sunday the topic for discussion was, "Follow the Golden Rule in your Ministry." The pattern of study is to read a portion of the article and then ask scripted questions about the reading. Interestingly this was a large group of people, yet they had the feel of a small group study. If a member wanted to answer the question they raised their hand and were recognized by the leader, who called on each person by name. At least two thirds of the members actively participated in the study.

Microphones were taken throughout the audience for people to answer and comment on the questions — their responses included Scripture references, scripted answers, opinion, personal experience, and illustration. All the members, from the four year-old to the octogenarian, were comfortable with public speaking and they

spoke clearly and succinctly.

The lesson focused on the Golden Rule (Do unto others as you would have them do unto you, Matt 7:12.) as it applied to the ministry of their door-to-door visits. One young man, Evan, got a chuckle when he said, "Stay a short time and get it over with!"

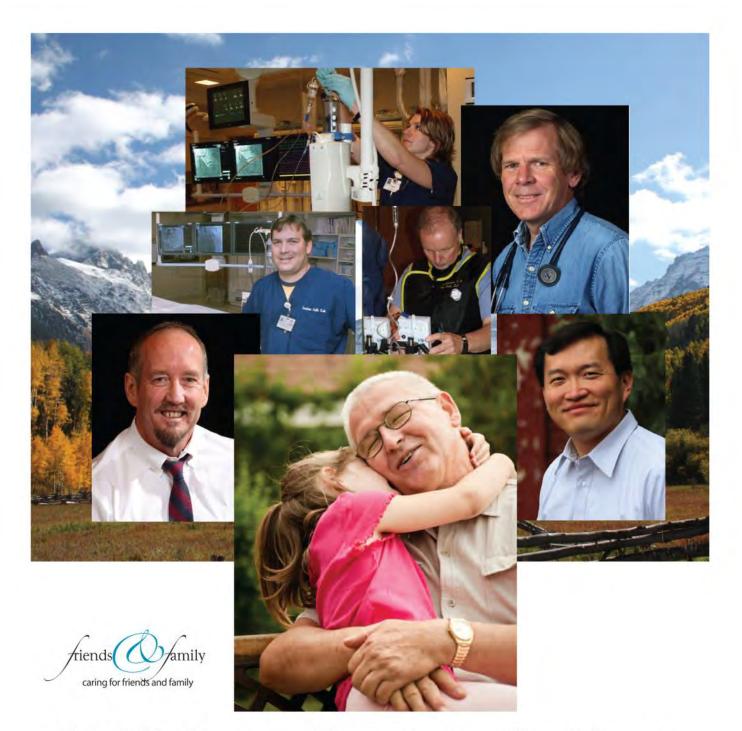
The public discourse, "Slave for the Master of the Harvest," was based on Matthew 9:35-38, and presented by Bill Murphy. Paraphrasing, this text refers to Jesus telling His disciples that the harvest is plentiful, but the workers are few — and they were to ask the Lord to send out workers into the harvest field.

After the end of the service a young woman wanted to know if I had any questions, so I ask about the purpose in the ministry of door-to-door home visits. She said, "It's just to see [encourage] that people are reading their Bibles."

Throughout the service there were many references to the group's "house to house ministry." It was apparent that the focus of this ministry is not just for the leadership, but rather it is a ministry that is embraced by the entire congregation.

Speaking to the disciples of John the Baptist, Jesus said, "Go back and report to John what you hear and see ..." (Matt 11:4 NIV).

To our readers: Though Montrose writer Gail Marvel does belong to a local church, she is interested in the other houses of worship here in town as well. With this column, Gail will share her experiences as she visits local churches and congregations to learn more about them. Gail wrote a church newsletter for years, and has published her work in a number of Christian publications including The Lookout, Christian Standard, Discipleship Journal and The Christian Communicator.



It All Comes Down to the Heart

Montrose Memorial Hospital's Cardiology Services are dedicated to delivering the latest technology, the critical response and most of all, the assurance that what matters to you, matters to us.



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MIRROR IMAGES...OUT AND ABOUT!





Above a sweet red ride blazes through Montrose Downtown; a horsewoman heads out for a ride near Olathe Nov. 30.

The awesome selection of vintage soda pop at Park Avenue True Value.





At left, Bonnie Eakin of Montrose Community Dinners chats with Kim of Light House Coffee Shop and Eatery Nov. 25; above, Caroline Lescroart welcomes shoppers to the newly opened Stock Exchange boutique on Clinton Street in Ridgway,





REGIONAL NEWS BRIEFS

HABITAT ANNOUNCES MERGE WITH TELLURIDE AFFILIATE

Special to the Mirror

MONTROSE-The boards of Habitat for Humanity of Montrose County and Habitat for Humanity of the Telluride Region unanimously approved to merge last month in a move their leaders say will cut expenses, improve leadership, bridge partnerships, increase the population and geographic served, and strengthen the organization.

"The merger represents another step in the strong growth that our affiliate has experienced over the past several years," shares Board President Betty Tomlinson. "We are excited about increasing our footprint while we remain committed to maintaining our participation and value in the area we currently serve."

The Habitat of Montrose County board and its Executive Director, Colleen Burke, will continue to lead the now combined affiliates. The name for the new organization is Habitat for Humanity of the San Juans, which will be headquartered at the current 1601 N Townsend location in Montrose.

"When you look at bringing these two incredible organizations together, you have a wonderful marriage in terms of efficiency," said Colleen Burke, "We can serve more families, which is the primary focus for Habitat for Humanity."

Habitat for Humanity of the San Juans

will signal its expanded focus with a new tagline: "Building Homes, Communities and Hope in Montrose, Ouray and San Miguel Counties." The combined Habitat affiliate will continue to offer homeownership and financial-education opportunities to families living on 30 to 60 percent of the area's median income. Once qualified and accepted into the program, family partners agree to invest 250 hours of "sweat equity" in their own and other Habitat homes, successfully complete the organization's Homebuyer Academy, and make payments on a non-profit, 30-year mortgage set at 30% of their income.

The two chapters' leaders talked in the past about coming together, though not seriously until this past summer when the Telluride affiliate decided the timing was right and their Executive Director, Jeff Hauser, felt it was time to step down and pass the torch. "One immediate benefit will come in the form of in-kind donations," Burke explains. "Prior to the merge, we were paying a monthly fee for the right to solicit donations in the Telluride territory, which included all of Ouray and San Miguel Counties. We rely heavily on our resort communities to donate high quality goods to our ReStore. We will also now manage one of the Norwood mortgages previously serviced through the Telluride affiliate.

"Instead of having two payrolls and two administrative offices, two insurance programs, two bookkeepers, we'll centralize our operations in Montrose," Burke said. "We'll be able to spend more money on development and less on operations. We have a highly professional team in place and we are all eager to start building relationships across our new territory."

"This is something Habitat is interested in nationwide," she added. "With the economy, we're all trying to be more efficient." As head of the Montrose affiliate, Burke worked closely with Habitat for Humanity International and Habitat for Humanity of Colorado as well as local partners to improve finances and operations. She is credited with turning the organization around and building new partnerships while nurturing existing ones, and looks forward to doing the same for the combined organization. Over the past 23 years, Habitat for Humanity of Montrose County has empowered 44 local families to help build and move into homes of their own. Habitat for Humanity is always in need of volunteers to help with construction, special events and at the ReStore. To volunteer, please contact Meg Lowery at meg@buildinglives.org.

To learn more about Habitat for Humanity of the San Juans go to www.buildinglives.org.

HONORABLE MENTION

To Sharing Ministries Food Bank, for making the whole year better for so many...click to donate! <u>www.sharingministries.com</u>.

To Garrett Estates Cellars, for marketing Olathe along with the great wines...

...To Watch Newspaper founders and former owners Marta Tarbell and Seth Cagin, for putting out an intelligent, locally-owned newspaper for so many years...

...To Weehawken Creative Arts Director Ashley King, for helping me realize five years ago that my NEXT newspaper could be published online rather than in print. Thanks Ashley!

REGIONAL NEWS BRIEFS

HOSPITAL, REC DISTRICT COLLABORATE ON THERAPY FACILITY



Special to the Mirror

MONTROSE-The Montrose Recreation District (MRD) and Montrose Memorial Hospital (MMH) are proud to announce a new partnership for a physical therapy facility to be located inside of the Montrose Community Recreation Center (CRC). The MMH clinic will be operated under the name of Mountain View Therapy South. The Board of Directors (BOD) of each respective organization recently approved an initial lease term of five years and five months, beginning in August 2016 and running until the end of 2021.

The new partnership between MRD and MMH is designed to further accomplish the respective mission of each organization of promoting the health and quality of life in the Montrose Community.

"MRD is very excited about this new partnership with MMH", said MRD Board President John Pope. "This takes us one step closer to making this exciting new facility an all-inclusive health center for the citizens of Montrose. We are truly looking forward to working with the entire team of Mountain View Therapy".

"MMH's focus on providing healthcare services closer to where patients reside is a main reason for our decision to place a clinic within the new Montrose Community Recreation Center", said MMH CEO Steve Hannah.

"This partnership will allow our physical therapy services to be provided in a setting where community members can best accomplish their goals of improving mobility and fitness. I am grateful to the Boards of both entities for supporting this initiative."

MRD did not have this space in the initial CRC building program or budget, but wanted to offer the service if the right partner was interested.

MMH responded to a Request for Pro-

posals circulated earlier this year by MRD.

An amount of the cost to add the space will be paid by MMH prior to the construction set to begin early next year. Also, the recently received Daniels Fund grant of \$500,000 announced last week helps cover the cost of this added square footage.

During their appointment, Mountain View Therapy patients will be provided care inside the dedicated therapy space as well as throughout the CRC including the therapy pool, walking track and the fitness area.

These patients will enjoy the use of the full CRC for the full day of their appointment, with the hope they will become regular CRC users.

The final design of the CRC, including MMH's Mountain View Therapy South, will be presented in duplicate public meetings on Wednesday, Dec. 10th, at 1pm and 7pm at the Aquatic Center, 25 Colorado Avenue

MRD plans to break ground on the CRC in the spring of 2015.

Prior to the groundbreaking, there will be some soil stabilization work on the CRC site completed in December. Some dirt will be moved prior to Christmas, but construction will not begin until warmer weather arrives.

The projected opening date for the CRC is late 2016. For the latest news on the project, visit www.montroserec.com.



Dr. Wallach & Dr Gliddens's Free Video Health Series! Learn what most MD's don't want you to know!!!

More info 596-2158 or 596-5819

Montrose-6:30pm at the Coronodo Professional Building Corner of East Main and Mesa Ave.

Diabetes, Blood Sugar Issues, Friday Dec 5th.

Strengthen the Immune System, Thursday Dec 11th

Acid Reflux, GERD, Friday Dec 19th



Caring for people with dementia through Validation communication

What is VALIDATION?

Validation is a way of caring for and communicating with older adults who are often diagnosed as having Alzheimer's-type dementia.

Validation is the foundation of the comprehensive dementia services provided by Volunteers of America. As an Authorized Validation Organization, we offer focused tools and resources that empower caregivers at home as well as those in senior communities. Our passion is to positively impact the quality of life for those with dementia.

Visit www.voavalidation.org for more information on Validation and www.voahealthservices.org for a list of providers in Western Colorado.



ARTS & CULTURE

LAVENDER ASSOCIATION PRESENTS SIXTH ANNUAL ARTISAN CHRISTMAS CRAFT FAIR

Special to the Mirror

MONTROSE-Artisans from Montrose, Norwood, Paonia and Hotchkiss will be joining others from around Western Colorado at the Lavender Association of Western Colorado 6th Annual Artisan Christmas Craft Fair on Dec. 6 from 10 a.m. to 4 p.m. at the old Palisade High School gym.

Continuing its tradition of bringing the finest local vendors of high quality, handmade crafts from across Western Colorado, LAWC will also include entertainment and opportunities to learn about lavender and other agricultural activities as part of its craft fair. The craft fair is a new part of Palisade's Olde Fashioned Christmas Celebration.

Admission to the craft fair is free and attending adults will be given the opportunity to register for more than \$1,000 in door prizes. Top prizes include \$300, \$200 and \$100 in cash. Those prizes will be drawn for after the fair is done.

During the course of the fair, there will be nine drawings for \$50 in lavender bucks. The lavender bucks can be used like cash to purchase products at the craft fair. They can't be used anywhere else to make purchases.

"I think people will really appreciate the quality and variety of the products that our vendors will be offering," noted Bob Korver, LAWC board member. "It's an added bonus that some of our attendees will be rewarded with cash and lavender bucks to make the holidays even more affordable," he added.

Vendors will have additional drawing entry forms to give to folks who make purchases from them, giving people additional chances to win.



Children are welcome at the craft fair.

"It is amazing how many activities there are to do in Palisade as part of the Celebration. In addition to the craft fair and Santa's workshop, there is the Gingerbread house competition at the community building, a chili cook off at the fire station next door to the old high school gym, as well as the Methodist Church Cantata," Korver said. There will also be historic guided walking tours, story time and a soup challenge at the library, a nativity collection at the Adventist Church and more shopping opportunities with vendors and merchants in downtown among other things. There

are also plenty of activities to do on Friday and Sunday.

To make things easier to get around town to all of the activities on Saturday, there will be free shuttle bus rides and, weather permitting, horse and carriage rides. "We joined the Olde Fashioned Christmas because we wanted to be a part of a small town celebration that has lots to do for everyone.

Folks can buy that memorable gift and create memories at other activities that will last a lifetime. It's a win-win for everyone and will hopefully put everyone in the Christmas spirit," Korver said.

BEETHOVEN BIRTHDAY CONCERT WITH FRANK FRENCH- PIANIST

Special to the Mirror
GRAND JUNCTION—Celebrate Beethoven's birthday Tuesday, Dec.16, at 7 PM
Atrium of Grand Valley 3260 North
12th Street

Grand Junction 81506

Program:

Sonata Opus 14 in E

Allegro Allegretto Rondo Sonata Opus 57 in F minor

Allegro assai Andante con moto Allegro ma non troppo

Sonata Opus 110 in A flat *Moderato cantablie molto expressivo*

Allegro molto Arioso indolente

Fuga

Although some listeners may be challenged by the depth and intensity of this

program; these works offer a fair representation what is generally regarded as early, middle and late-period works for piano by Beethoven. Among his piano works it is the sonatas that seem to offer the greatest expressive possibility. Seating for this free performance is limited and reservations are requested. Please send your requests to frank@frankfrench.info or call 644-7207 and state how many people in your party will be attending.

CONSTRUCTION BEGINS ON OAK GROVE ROAD

Special to the Mirror

MONTROSE - Contractors working for the City of Montrose are scheduled to begin construction of the East Oak Grove Roadway Widening Project on December 1st, 2014. The \$3.3 million dollar project will be constructed by Rundle Construction (Hotchkiss, CO, with offices in Montrose) and will include a complete reconstruction of East Oak Grove Road between Walgreens and Bear Lake Drive. Once completed, the roadway will include a through lane in each direction, a center turn lane, bike lanes, and detached side-

walks down both sides of the roadway. The primary driver for the project is to improve the roadway's safety and capacity. The Montrose Police Department reports that this stretch of roadway has had 80 recorded motor vehicle accidents since 2005, mostly due to the roadway's narrow width.

East Oak Grove Road will be closed to through traffic between Walgreens and Pavilion Drive starting on December 1st and extending through late summer 2015. Access to East Oak Grove from the Vineyards Subdivision will also be closed off throughout construction. Motorists and pedestrians may use alternate east-west routes such as East Niagara or Ogden Road during this roadway closure.

Access to all nearby businesses and local residences on East Oak Grove Road will be maintained throughout construction. The city asks that motorists and pedestrians please exercise caution near the work area and please respect all coned-off areas.

Questions regarding the project may be directed to City Engineer Scott Murphy at (970) 901-1792.

MAC AND CHEESE COOKOFF DURING PARADE IN DELTA FRIDAY!

Special to the Mirror

DELTA-While parade watchers for Delta's annual Christmas Parade of Lights will celebrate "A Candy Cane Christmas," this year's parade theme, inside The Coffee Therapist at 326 Main St., there will be another theme: macaroni and cheese! The inaugural Mac & Cheese Cook-off, sponsored by Senior CommUnity Care – PACE, to benefit the Abraham Connection Homeless Shelter, takes place during the parade on Friday, Dec. 5.

Winners will be chosen in the Individual, Group and Business categories, plus an overall People's Choice winner will be awarded.

The cost to enter the cook-off is \$15 per entry. Call 970-773-8290 for a registration form, or for more information.

Stop by The Coffee Therapist, which has graciously offered to host the event, at 5 p.m. for taste-testing. There is a \$5 suggested donation per person to taste. Tasting is open during the parade until 6:30 p.m.

Winners will be announced at 6:45 p.m. The staff of The Coffee Therapist will have their coffee bar open, so grab a delicious drink, have some mac and cheese and watch the parade from the comfort of a toasty warm space.

All proceeds from the event will go towards the building fund of the Abraham Connection.

The organization is \$7,000 away from being able to break ground on a new shelter space on 5th and Silver in Delta.



ARTS & CULTURE

ART PARTNERS CHILI BOWL FUNDRAISER 2014!

Mirror Staff Report MONTROSE—Art Partners Mentoring celebrated another successful Chili Bowl Fundraiser at Around the Corner Art Gallery Nov. 29.

After artists and community members painted bowls at Amazing Glaze, local chefs and others filled the bowls with great chile the day of the event.

"We had a great turnout, and we are very thankful to Bob and Pat Brown and their son, to all of the artists who painted bowls for us, to everyone who brought chile, and to the community for showing up and supporting Partners," Partners Board co-chair Brad Switzer said. Pictured near right are Partners Executive Director Betsy Shepherd and her junior partner; and right, volunteers serve the crowd. Photos by Brad Switzer.





Make the Season Bright

LED holiday lights use 90% less energy than traditional incandescent bulbs!

They're also...

- Warm These days, LEDs come in warm, inviting colors in variety of light beam patterns and dimming speeds, giving you lots of creative options for decorating.
- Long-Lasting LEDs last longer than traditional lights with an operational life span of about 20,000 hours enough to last for 40 holiday seasons!
- Durable LEDs don't have glass or filaments, which
 makes them durable and resistant to breaking. Also, one
 individual outage generally doesn't darken the whole strand.
- Safer Because they use less energy, LEDs make it safer to connect multiple strands end-to-end without overloading the wall socket. Also, they're cool to the touch, reducing the risk of fire.





MIRROR IMAGES...SMALL BUSINESS SATURDAY!

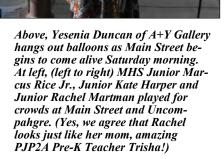


At right, Shopper Beth Meek browses at A+Y Gallery in the Montrose Masonic Building.



Above, MHS Junior Marina Brown plays flute on Small Business Saturday. Below, (left to right) Brown, Sophomore Sierra Murphy, Senior Megan Ruiz and Junior Jonathan Gray Jr. perform at the corner of Main Street and Cascade Avenue.





Hold the Date! Upcoming Business and Cultural Events

ONGOING-

FIRST FRIDAY STROLLS MONTROSE DOWNTOWN —Monthly from 5:30 p.m.-8p.m. Artist Demonstrations, Free Wine Tastings, and in-store promotional events!

THIRD SUNDAY DULCIMER CLUB WITH HARPS & HAMMERS, 2 to 4 p.m. Please call Robin for information and directions to our new location as our club has grown! 970-275-8996. Guitars and Autoharps welcome too—the more the merrier!

MONTROSE HISTORICAL MUSEUM-The last Saturday of each month will be "Montrose Day" at the Montrose County Historical Museum, 21 N. Rio Grande Street. If you live in the Montrose area, then you will receive a free pass to the Museum. So bring down the family to learn about our unique town and area history. For more information please call 249-2085.

MONTROSE STAMP (PHILATELIC) CLUB meets on the fourth Wednesday of each month at 420 Alta Lakes Dr. from 7-8pm. For Beginners to Pros! Please contact Brenda Moureaux at 970-765-6948 for more information.

AARP DRIVER SAFETY COURSE-Save on insurance, keep up on newer traffic laws, and learn defensive driving techniques. For details and schedule for Montrose and Delta, contact John 970-856-6924 or 970-424-1778.

Dec. 2-Montrose Chamber Legislative Kickoff, Bridges of Montrose, 10 a.m. Speakers are Rep. Don Coram and Sen. Ellen Roberts.

Dec. 2-The Hive, Delta County Economic Development Council, and <u>Region 10</u> present "Five Things Successful Businesses Do that You Need to Start Doing NOW!" 5:30-7:30pm at the Hive in Paonia with Business Coach Nancy Murphy.

Dec. 3-Music at United Methodist Church, Noon. Harpist Robin Freed.

Dec 4: Taize-style services of music, prayer and meditation on Scripture are offered on the first Thursday of the month, except June, July and August. 7 p.m. in the Sanctuary. All are welcome. Montrose United Methodist Church. 19 South Park Ave.

Dec. 5-Delta Parade of Lights, "A Candy Cane Christmas," 6 p.m.

Dec. 5-7-Ridgway Holly Dayz. www.ridgwaycolorado.com for details!

Dec. 6-"Family Fun Day" from 3-5 pm at Montrose United Methodist Church. Families meet downstairs in Park Ave. Hall for "Chrismon Crea-

tions" (Christian ornaments) at 3 p.m. At 4 p.m. we will have our chili cook-off and brownie bake-off. All ages, all families are welcome!

Dec. 6-Downtown Montrose Parade of Lights, 5 p.m. This year's theme: *Christmas Stories: Portray a holiday story you're your favorite movie, book, or song.* Go to VisitMontrose.com/parade or call 970.497.8558 for details.

Dec. 6-Canyon Creek B&B presents Laff Inn Comedy Night with comedians Andy Beningo and Bill Boronkay at Bridges of Montrose. 7 p.m. Tickets are \$15. Buy them online at www.canyoncreek.eventbrite.com.

Dec. 7-Weehawken Arts Gingerbread house Decorating Workshop, 1 to 3 p.m. Pre-registration is HIGHLY encouraged, as only a number of houses are available. Register at www.weehawkenarts.org or call Weehawken at 970.318.0150.

Dec. 10-Music at United Methodist Church, Noon. MHS Bel Canto Singers.

Dec. 10-Montrose County Town Hall Meeting, Olathe.

Dec. 11-Region 10 presents "Let the Sun Shine: Identifying Seasonal Depression and Getting Help." Cedaredge Community Center, Noon to 1 p.m. with Mental Health Specialist Janey Sorenson of Center for Mental Health. RSVP to 1-855-500-6050.

Dec. 12-13-Songwriting workshop with Ashleigh Caudill, presented by Pearl Road Music. Friday from 7 to 10 p.m., Saturday 10 a.m. to Noon. \$75. Call 970-249-1382 for reservations.

Dec. 12-14 & 19-21—(5 pm - 8 pm) GARDEN OF LIGHTS at the Montrose Botanic Gardens, 1800 Pavilion Dr. off Niagara. Six nights to meander through illuminated garden paths, hayrides, snacks & hot cocoa/coffee, Tipi with storytellers & Santa, music. See www.MontroseGardens.org for details or Sara at 249-1115. Great family outing.

Dec. 13-Herbal Gift Making Workshop, Shining Mountain Herbs in Ridgway. 10 a.m. to 4 p.m. www.weehawkenarts.org.

Dec. 13-Weehawken Arts Gingerbread house Decorating Workshop, 10 a,m., to Noon, Ouray Community Center. Pre-registration is HIGHLY encouraged, as only a number of houses are available. Register at www.weehawkenarts.org or call Weehawken at 970.318.0150.

Dec. 15-Region 10 SBRC presents Options for Building Affordable and Beautiful Web Sites—Longtime Paonia web designer and Paonia.com founder Christy Eller of Wired Right Web Design shares her expertise with you, at the HIVE from 5:30 to 7:30 p.m. RSVP to Region

Dec. 16-Beethoven Birthday Concert with Pianist Frank French, 7 p.m. Atrium of Grand Valley 3260 North 12th Street, Grand Junction. Seating for this free performance is limited and reservations are requested. Please send your requests to frank@frankfrench.info or call 644-7207 and state how many people in your party will be attending.

Dec. 17-Music at United Methodist Church, Noon. Debbie Turner, Soprano.

Dec. 19-Weehawken Dance presents Polar Express at the Montrose Pavilion, 6 p.m. Call 318-0150 or visit www.weehawkenarts.org for tickets and information

Dec. 20-Weehawken Dance presents Polar Express at the Montrose Pavilion, 2 p.m. Call 318-0150 or visit www.weehawkenarts.org for tickets and information.

Dec. 25-Merry Christmas!

Jan. 1-Happy New Year!

DMTC STUDENT NURSES GO ABOVE AND BEYOND FOR PATIENT-CENTERED CARE

Special to the Mirror

MONTROSE-Delta-Montrose Technical College student nurses present a display they designed to shine a light on patientcentered care awareness at the Grand Junction VA Medical Center. The display is located in the Primary Care waiting area at the VA Medical Center. Pictured left to right are Dusty Hensley, Barbara Kelsey, Whitney Littrell, Jessica Luna, Jeni Medvesk, Danielle Recchia, Brody Stevenson, Mickenzie Sullivan, Kaley Velasquez, and Jacob Watkins. All practical nursing students at DMTC participate in clinicals for eight of the ten months they are in the program. In addition to the VA Hospital in Grand Junction, student nurses do clinical rotations at Delta County Memorial Hospital, Montrose Memorial Hospital and approximately 17 other sites in the area. This is the first year student nurses from DMTC have done clinicals at the VA.

Delta-Montrose Technical College is a public career and technical college in Delta, Colorado. It offers 57 secondary and postsecondary certificates in 12 different programs. All certificates can be earned in two semesters or less, with many of them only one semester in length.

SANTA'S CABIN NOW OPEN DOWNTOWN

Special to the Mirror

MONTROSE-Visit Santa—and get your free photo with Santa and Mrs. Claus at their cabin in Downtown Montrose in the Uncompangre Events Plaza, 514 South First Street. While you wait, enjoy the ambiance of the "Winter Wonderland," roast marshmallows by the fire pit, and keep toasty warm by the outdoor heaters! Saturdays 11am-2pm and Sundays 1:30-4:30 pm., or visit on Fridays from 5-7 pm at Timberline Bank, 1561 Oxbow Dr. Through Dec. 21. Go to VisitMontrose.com or call 970.497.8558 for details.

Thanks for Reading the Montrose Mirror!



For all of your *fine* Holiday Décor and Gift Giving



MONTROSEMIRROR

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www.montrosemirror.com





Above left and top right-Adam Duncan of A+Y Gallery in the Montrose Masonic Building works with hot metal on his forge for the entertainment of shoppers on Small Business Saturday Nov. 29; Montrose High School students Jessica Ennis, Emma Slayter and Alexa Madden worked the flags at the corner of Main and Cascade on Small Business Saturday. Bottom right, Brian Taylor plays sweet music for busy folks outside the Montrose Post Office on Friday. Nov. 28.



EE OGARAXET

SUMMIT SEALANT